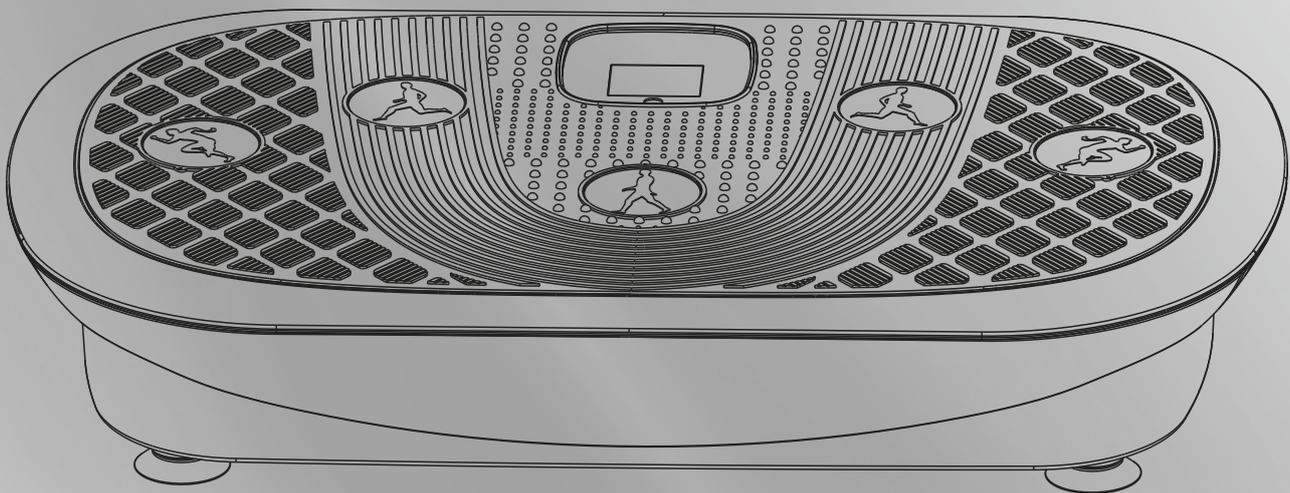


LIFEPLATE® 4.0

User Guide



ENG

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General Information and Warnings

Training with a vibration plate is a very comprehensive training method, which in addition to influencing the muscles it also influences the rest of the body. For example, blood circulation is stimulated, and body metabolism is improved. For some years, professional and top athletes have used vibration equipment in training for its intensive and effective athletic effects, and for therapeutic purposes.

In fitness gyms vibration plates are now often found and they are becoming increasingly popular and enjoyed by more and more users. Due to the gentle but also highly effective training with vibration plates, many physiotherapy practices use these devices to build muscles up again after injuries or for rehabilitation purposes. With the appropriate professional advice from your therapist, you can now use a vibration plate at home for both therapeutic and sport training purposes.

Please keep in mind when planning your workouts that training with a vibration plate, while being very gentle on the body, is still very intense. Therefore, give your body enough time to rest between each individual training. In addition to the intensive and effective muscle training provided by a vibration plate, it also has other, very positive effects on the body.

For example, this type of training has a major impact on bone density. The metabolism is optimally stimulated by the vibrations, and this can have a positive effect on the fat loss.

If the following points apply to you, you should always clarify in advance with your doctor, if and how training with a vibration plate could be good for you:

- Pacemaker
- Tumors
- Epilepsy
- Acute wounds
- Freshly used spiral
- Acute inflammation
- Metal or plastic based implants
- Kidney, gallbladder and / or bladder stones
- Diabetes
- Disc degeneration
- Cardiovascular diseases
- Thrombosis
- Metastases
- Recent operations
- Pregnancy
- Acute fractures
- Acute infections, eg. flu-or similar
- Dental implants
- Muscle and joint diseases
- Deformation of bones and / or joints
- Heart and Cardiovascular Diseases

If you have any medical conditions, restrictions or complaints that are not mentioned here, please discuss with your consulting doctor or therapist if and how you should train on this device before you start training.

Safety Instructions

Please read and observe all sections of this Operating Manual. Thorough attention should always be paid to the safety instructions, the maintenance instructions and the training information.

It is very important to adhere strictly to the maintenance and safety instructions and maintenance instructions contained in this Manual.

This training device is only to be used for its intended purpose. If this equipment is used for any other purposes than intended, there is a possible risk of accident, damage to health or damage to the training device. The Distributor cannot be held responsible in these circumstances.

Electrical Connection

- A mains voltage of 220-230V is required for the training operation of the device.
- The training device may only be connected using the supplied power cord to a grounded, individually protected 16 A socket installed by a professional electrician.
- Always disconnect the electric plug from the power outlet if you want to change the location of the fitness device.
- Always disconnect the electric plug from the mains before carrying out any cleaning, maintenance or other work.
- Do not use socket strips or cable reels when connecting the electric plug to a socket.
- When using a cable extension, make sure that it complies with the guidelines and regulations of the VDE.
- Always lay the power cable in such a way that it cannot be damaged or cause a tripping hazard.
- Electrical appliances such as tablet PCs, smart phones, PC, TV (LCD, plasma, tubes, etc.), game consoles, etc. send out electromagnetic radiation during their operation and in stand-by mode. Keep these devices away from your exerciser as they may cause malfunctions, interference and incorrect information, especially during heart rate measurement.

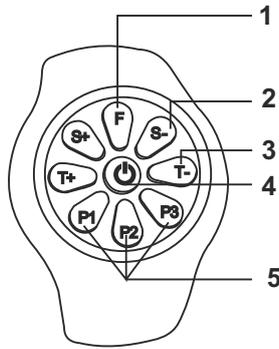
Training Environment

- Select a suitable space for your training device to provide an optimum amount of free space and highest level of safety. You should leave a free space of at least 150 cm behind, 150 cm to each side and a minimum of 100 cm in front of the training device.
- Make sure that the area is well ventilated and that an optimum amount of oxygen is available during training. Avoid draughts.
- Your training device is not suitable for outside use and so storage and training can only take place in a temperate, clean dry room.
- Do not operate or store your training device in wet areas such as in swimming pools, saunas etc.
- Make sure that your training device is kept on flat, hard, clean ground both in operation and at rest. Any uneven surfaces must be removed or made good.
- It is recommended that a floor covering (carpet, mat, etc.) should be placed under the device to protect damageable floors such as wood, laminates, floor tiles etc. Please ensure that this underlay cannot slip or slide.
- Do not put this training device on pale or white coloured carpets or rugs as the feet of the device may leave marks.
- Make sure that your training device and mains cable are kept out of contact with hot surfaces and are kept at a safe distance from any sources of heat e.g. central heating, hot stoves, furnaces, ovens or open fires.

Personal Safety Instructions for Training

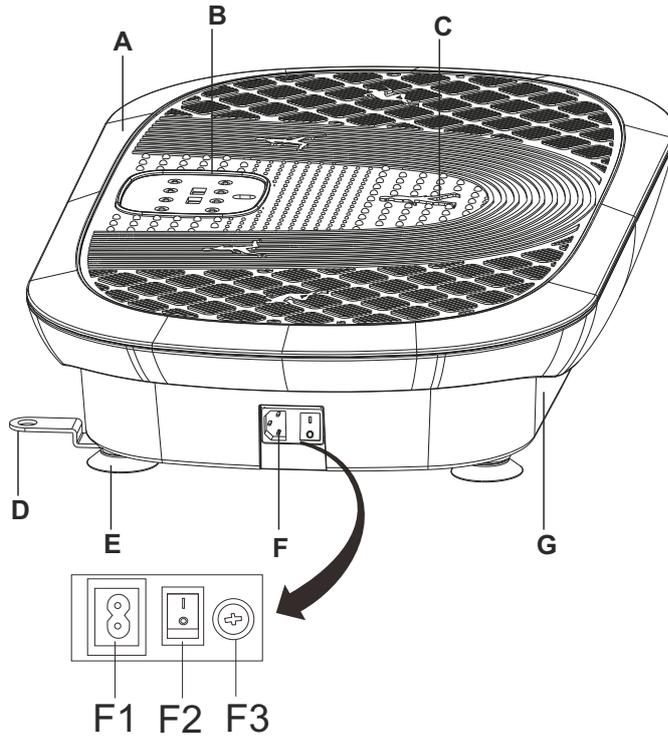
- The mains cable should be removed while the device is not in use to avoid any misuse or uncontrolled use by a third party, for example, by children
- You should have a health check carried out by your doctor before you start any training
- Stop training immediately if you feel physically unwell or are experiencing any breathing difficulties.
- Always start your training session at a low workload increasing it slowly but steadily throughout. Reduce the workload again towards the end of your training session.
- Suitable sports shoes and clothes should always be worn during training sessions. Make sure that loose clothes do not get caught up in the treadmill belt or rollers.
- Your training device is only to be used by one person at a time.
- Check each time before a training session to see if your device is in perfect condition. Never use your training device if it is faulty or defective.
- You are only permitted to carry out repairs to the device yourself after having contacted our Service Department and on receipt of explicit permission to do so. Only original spare parts may be used at any time.
- Your training device must be cleaned after each use. Remove all dirt including body sweat or any other liquids.
- Always make sure that liquids (drinks, body sweat, etc.) do not get onto the vibrating plate or into the cockpit as this can cause damage to the mechanical and electronic components.
- Your training device is not suitable for use by children. Children under 12 years are not permitted to use this device. Children over 12 years are permitted to use the device but only under the supervision of an adult.
- Third parties, especially children and animals, must be kept at a safety distance of at least 3m from the device during training.
- Check if there are any items underneath the training device before each training session and remove them without fail. Never use the training device when items are underneath it.
- Do not allow children to use your training device as a toy or climbing frame at any time.
- Ensure that no body parts of your own or of third parties ever get into contact with any of the moving mechanisms.

The construction of this training device is based on state-of-the-art technology and highest modern technical safety standards. This training device is to be used by adults only! Extreme misuse and/or unplanned training can cause damage to your health!



Remote Control

- 1. Functions
- 2. Speed (S+/S-)
- 3. Time (T+/T-)
- 4. Power
- 5. Programs (P1/P2/P3)



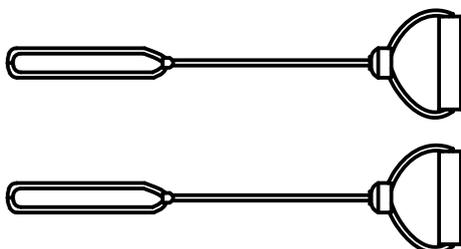
Vibration Plate

- A Housing, top
- B Computer & Display
- C Training Surface
- D Bracket for Training Belt
- E Foot
- F Electronic Unit
- F1 Power Cable Connection
- F2 Main Switch
- F3 Fuse
- G Housing, bottom



Key Pad

- 1. START
- 2. POWER
- 3. SPEED +
- 4. SPEED -
- 5. FUNCTIONS
- 6. MODE
- 7. TIME +
- 8. TIME -
- 9. Receiver for remote control signal
- 10. Display



Accessories

Training Belt

Operating the Display

Key	Description
	On/Off Mode – to switch the cockpit on or off. The device must first be switched on at the main switch.
	Interrupt the selected training program or training mode = pause mode. To resume training, press the key again.
	Increase the training level
	Reduce the training level
	Set the training time (increase the time)
	Set the training time (reduce the time)
	Select one of the three training modes: 
	Select the training program 

Before using this device please make sure that you or any other third party intending to use the device has carefully read and familiarised themselves with the safety and operating instructions in this manual.

This product must be operated with a mains voltage of 220V-240V ~ 50 / 60Hz.

Always connect the power cable to the device first before connecting it to an electrical socket. Only then should you switch on the device using the main switch.

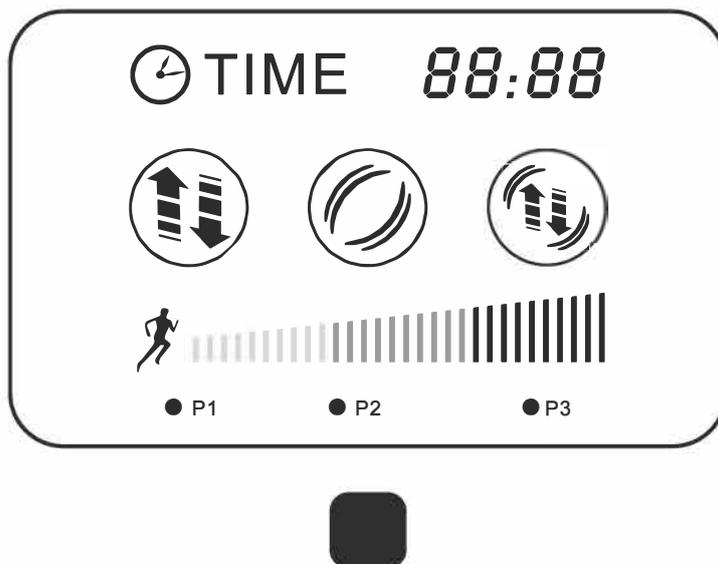
Before disconnecting the device from the power supply, switch it off at the main switch and then unplug the power cable from the electrical power socket. Only then should you remove the power cable from the device if necessary. to switch the vibration plate on and off. The device must first be switched on at the main switch.

Operating the Remote Control

Key	Description
	On/Off Mode – to switch the cockpit on or off. The device must first be switched on at the main switch.
	Increase the training level
	Reduce the training level
	Set the training time (increase the time)
	Set the training time (reduce the time)
	Select one of the three training modes:
	Select the training program P1 
	Select the training program P2 
	Select the training program P3 

Please note that the maximum range of the remote control is 200 cm (with fully charged batteries). Always direct the remote-control transmitter towards the receiver on the vibration plate. There must be no obstacles between the transmitter and receiver

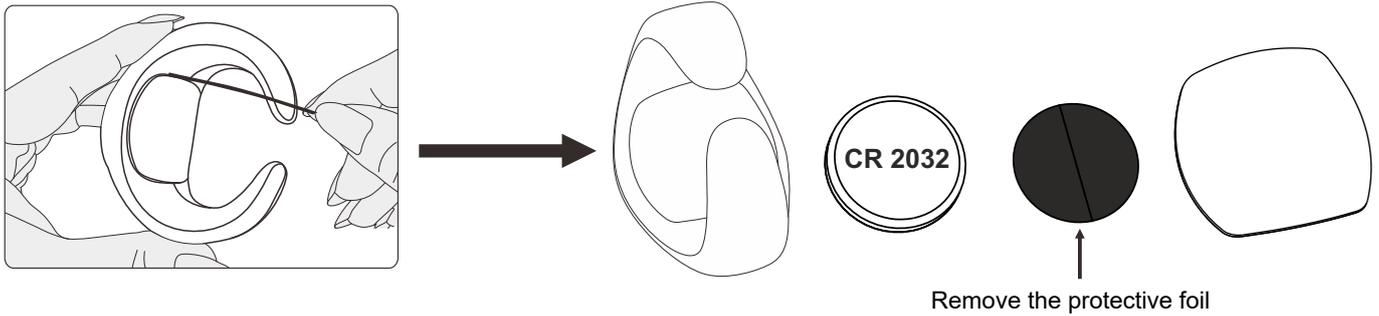
Display



Display	Description
 TIME 88:88	Displays the training time
	Displays the selected training modus. Mode: Oscillating motion
	Displays the training modeMode: 3D-Vibration
	Displays the selected training mode Mode: Oscillating & 3D Vibrations
	Displays the current training level
● P1 ● P2 ● P3	Displays the current training program
	Receiver for remote control signal

Operating Instructions

Before you can use the remote control, you must remove the protective foil from the battery. Open the battery compartment cover, remove the protective foil from the battery and then replace the battery compartment cover again.



Before you use the remote control for the first time, you must connect it to the vibration plate. To do this, switch on the vibration plate at the main switch on the side of the device and then press the power button on the remote control.

CAUTION:

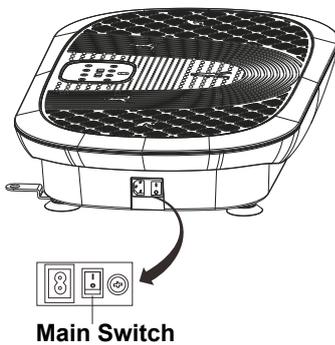
If you switch on the vibration plate at the main switch and then press the power button on the vibration plate cockpit it will no longer be possible to connect with the remote control. , the connection with the remote control is no longer possible.

If this is the case, switch the vibration plate off and on again at the main switch and then proceed as described above.

Correct sequence to connect the remote control with the vibration plate:

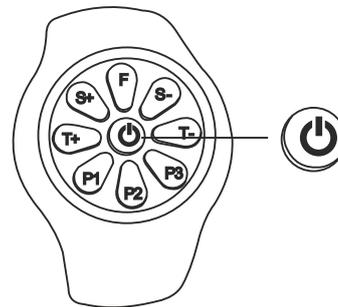
Step 1:

Switch the vibration plate on at the main switch



Step 2:

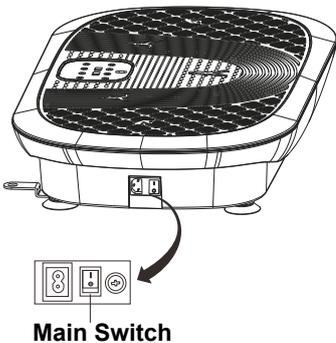
Hold the remote control over the vibration plate and press the power button (⏻).



Incorrect sequence to connect the remote control with the vibration plate:

Step 1:

Switch the vibration plate on at the main switch



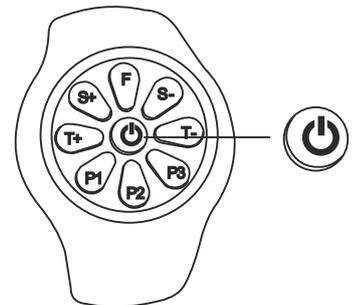
Step 2:

Press the power button (⏻) on the cockpit.



Step 3:

Hold the remote control over the vibration plate and press the power button (⏻).



If you have used the wrong sequence to connect the remote control to the vibration plate, just switch off the plate at the main switch. After approximately 10 seconds, switch it on again and try to connect the remote control with the vibration plate again.

Manual Training

Step 1: Switch on the training device at the main switch.

Step 2: Select a training mode

On the key pad using key 

On the remote control with key 

 = Oscillation

 = 3D

 = Oscillation & 3D

Step 3: The vibration plate will start automatically after selection of the training mode. Now you can select the training level and change the training time.

Training Level:

Using the  and  keys on the keypad.

Using the  and  keys on the remote control

Training Time:

Using the  and  keys on the keypad

Using the  and  buttons on the remote control

If you want to interrupt training press the  key on the keypad

To continue training press the  key again.

To end training completely press the  key on the keypad or on the remote control

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Training mit Trainingsprogrammen P1, P2 und P3

Step 1: Switch the training device on at the main switch.

Step 2: Select the required training program

Using the keypad with the key 

Using the    button on the remote control

 = Oscillation

 = 3D

 = Oszillation & 3D

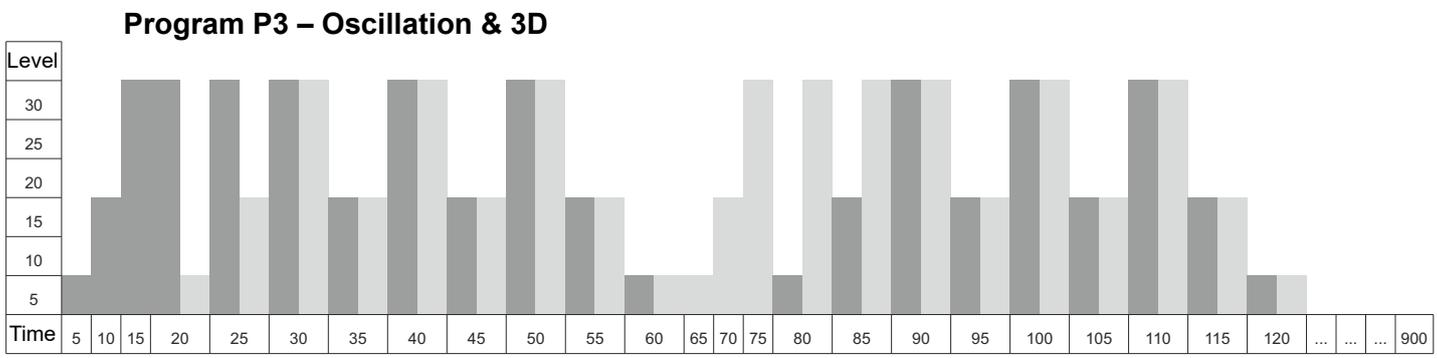
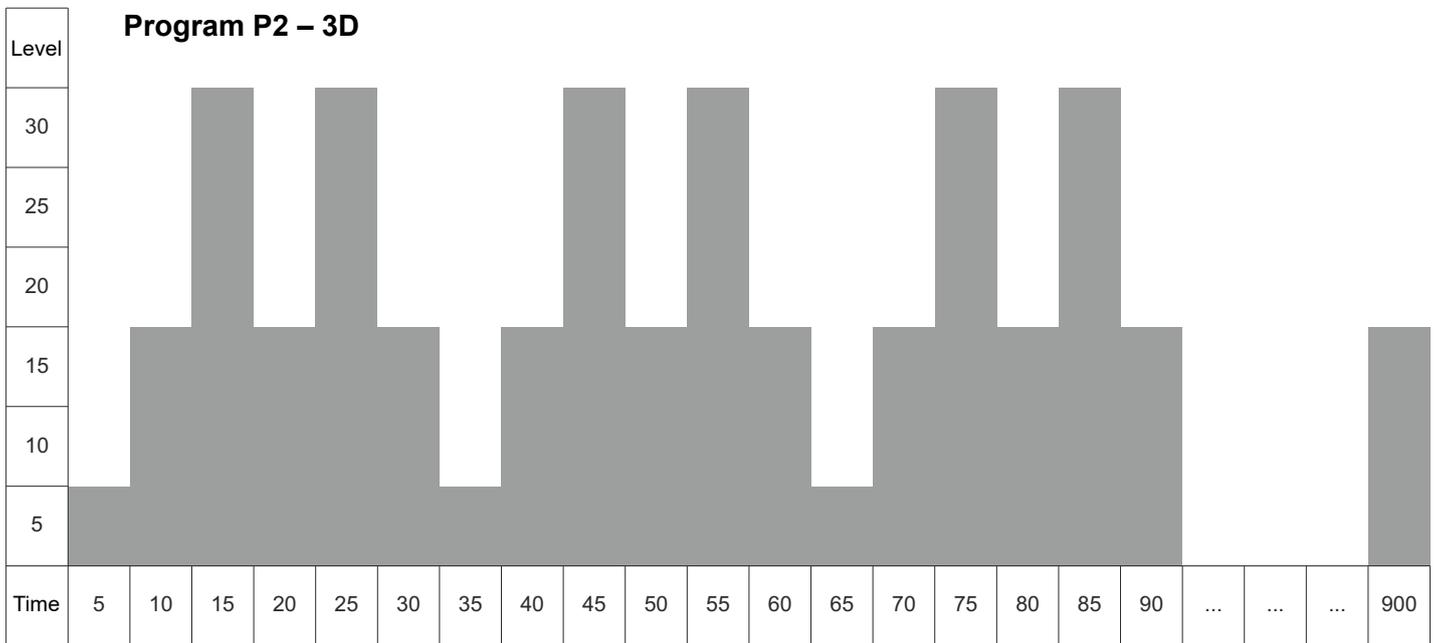
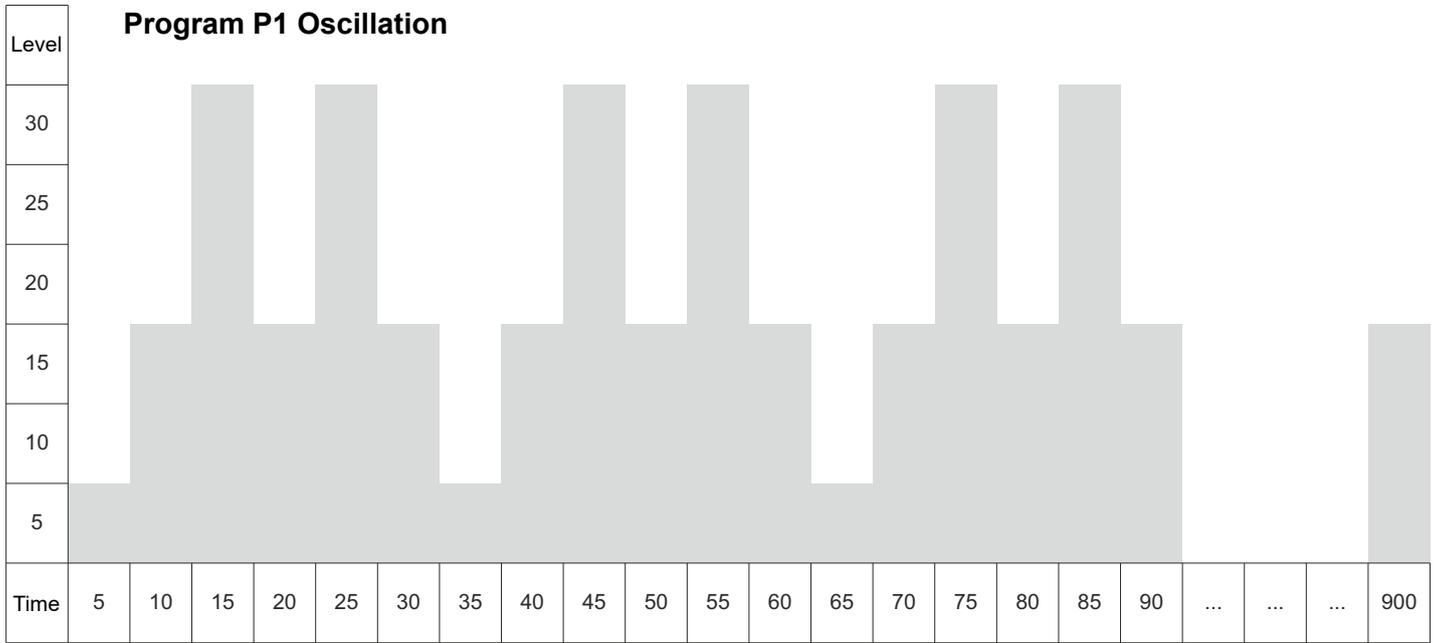
The selected training program will start automatically.
The training level and training time cannot be changed here.

If you want to interrupt training press the  key on the keypad

To continue training press the  key again.

To end training completely press the  key on the keypad or on the remote control

Training Programs



= Oscillation
 = 3D

CAUTION: Please note that the training programs shown on the supplied poster have no connection with the training programs permanently installed in the cockpit of the vibration plate. The training programs on the poster are suggestions on how you can combine the individual exercises of the poster into individual training programs.

Training Frequencies

Oscillation

Level	Motor(r/min)	Oscillation per Min.	Oscillation (HZ)
1	1694	435	7.3
2	1725	443	7.4
3	1753	450	7.5
4	1784	458	7.6
5	1827	469	7.8
6	1850	475	7.9
7	1881	483	8.1
8	1912	491	8.2
9	1943	499	8.3
10	1979	508	8.5
11	2006	515	8.6
12	2033	522	8.7
13	2064	530	8.8
14	2095	538	9.0
15	2130	547	9.1

Level	Motor(r/min)	Oscillation per Min.	Oscillation (HZ)
16	2162	555	9.3
17	2193	563	9.4
18	2228	572	9.5
19	2259	580	9.7
20	2298	590	9.8
21	2325	597	10.0
22	2356	605	10.1
23	2380	611	10.2
24	2419	621	10.4
25	2450	629	10.5
26	2477	636	10.6
27	2516	646	10.8
28	2543	653	10.9
29	2571	660	11.0
30	2609	670	11.2

3D

Level	Motor (r/min)	Vibration (HZ)
1	2102	35.0
2	2133	35.5
3	2164	36.1
4	2225	37.1
5	2256	37.6
6	2272	37.9
7	2318	38.6
8	2349	39.2
9	2395	39.9
10	2426	40.4
11	2473	41.2
12	2504	41.7
13	2535	42.2
14	2581	43.0
15	2612	43.5

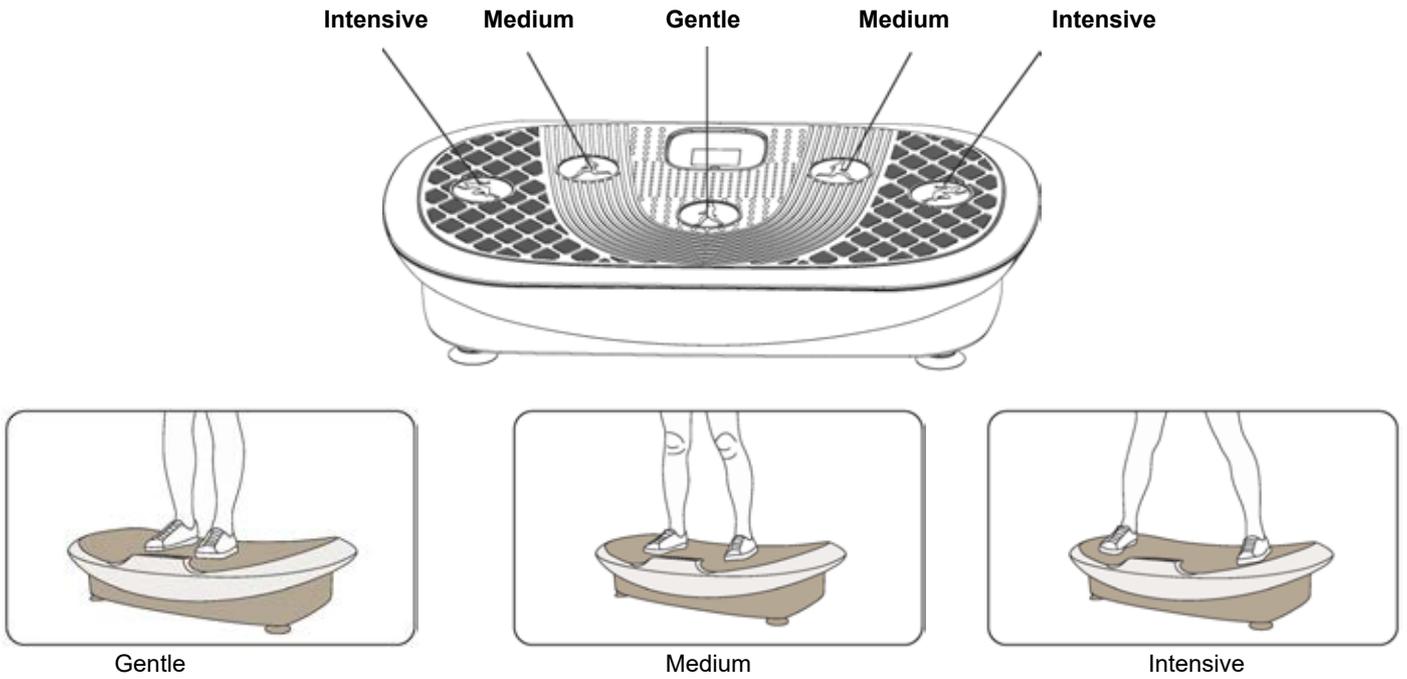
Level	Motor (r/min)	Vibration (HZ)
16	2658	44.3
17	2689	44.8
18	2705	45.1
19	2751	45.8
20	2797	46.6
21	2828	47.1
22	2859	47.7
23	2890	48.2
24	2936	48.9
25	2967	49.5
26	2998	50.0
27	3045	50.7
28	3075	51.3
29	3106	51.8
30	3137	52.3

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Note: Unfortunately, it is not possible to measure the values with a combination of oscillation and 3D

Training

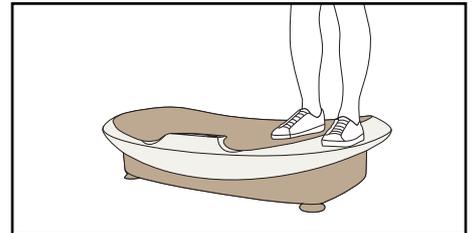
There are three different training positions available.



In the oscillation  and oscillation & 3D  modes it is possible to increase the training intensity and the training speed in three different training positions.

CAUTION:

Never stand with both feet on one side of the plate surface. This can cause interferences to the training programs or can even lead to damage (if the user weighs over 85kgs). In this case an error message „E02“ will appear in the display. You should then switch off the device and wait for at least 30 seconds before switching it on again.

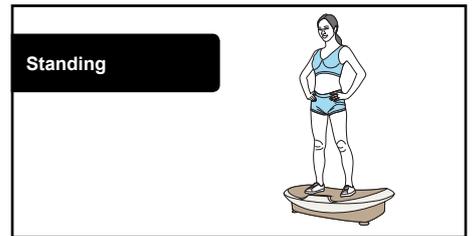


Training Overview

In addition to the example exercises shown on the training poster, the following exercises are ideal for training and relaxing the different muscle groups:

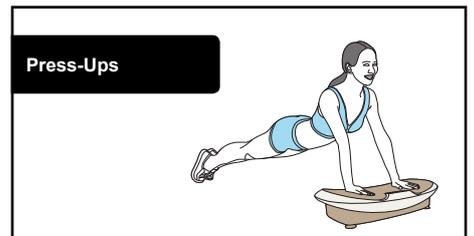
Standing

loosens and relaxes the muscles
Stimulates blood circulation.



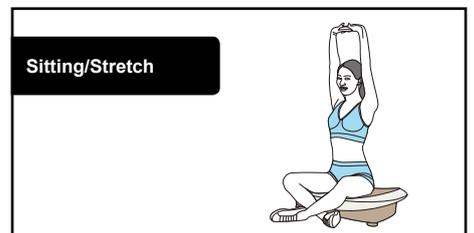
Press-Ups

loosens and relaxes the muscles
Trains the upper body muscles intensively
Ensures optimum body tension.



Sitting/Stretch

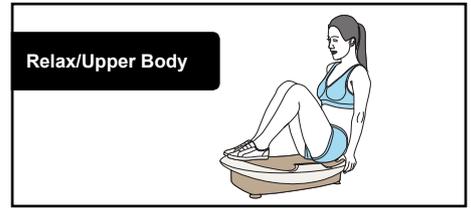
Loosens and relaxes the muscles in the upper body and hip areas
Trains the upper body and stomach muscles
Ensures optimum body tension.



Training

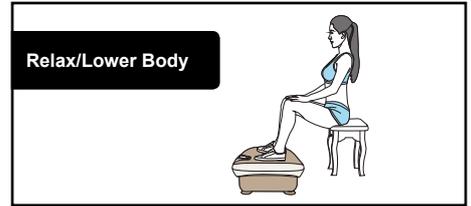
Relax/Upper Body Loosens and relaxes the muscles in the shoulder throat and neck areas

Light training for the stomach muscles



Relax/Upper Body

Relax / Lower Body Loosens and relaxes the all leg muscles and hip area
Ideal for older users with restricted movement.



Relax/Lower Body

Dynamic Exercises with Training Belts

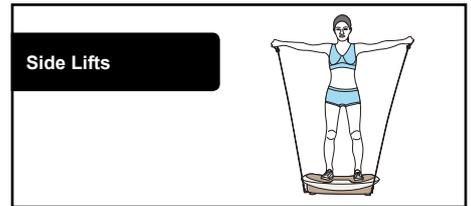
Side Lifts

Stand with both feet on the plate (you are free to choose the position of your feet and training speed).

Take hold of the training belts and raise both arms together straight until they are parallel out to the sides.

Then lower both arms to hang down at your sides.

Repeat this exercise slowly and smoothly.



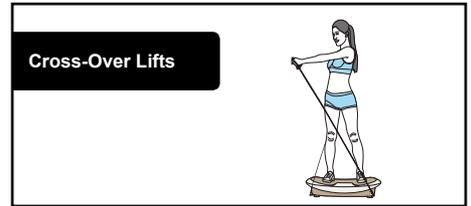
Side Lifts

Cross-Over Lifts

Stand with both feet on the plate (you are free to choose the position of your feet and training speed).

Take hold of the training belts and alternately raise your left and right arms to shoulder height in front of you and each time point the arm in the opposite direction across your body in front of you. Turn your body in the same direction as your arm is pointing.

Repeat this exercise slowly and smoothly.

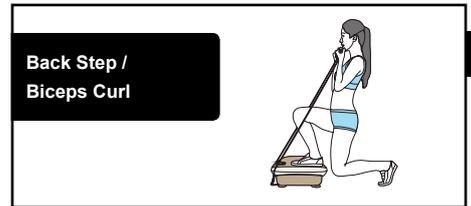


Cross-Over Lifts

Back Step / Biceps Curl

Stand with one foot on the plate (you are free to choose the position of your feet and training speed).

Take hold of the training belts and whilst bending the knee of the leg which is still on the floor. Bend your arms and raise your hands up towards your chin keeping your upper arms flat against your body. Whilst straightening your bent knee and coming up again with your body, lower your hands back down in front of you. Repeat this exercise slowly and smoothly and change legs to bend the other knee at half time.



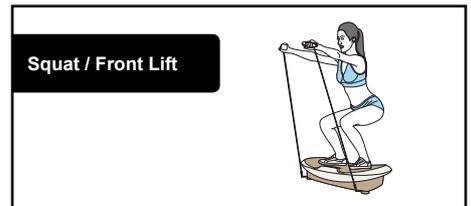
Back Step /
Biceps Curl

Squat / Front Lift

Stand with both feet on the plate (you are free to choose the position of your feet and training speed).

Take hold of the training belts. Whilst doing a squat, raise both arms to be level with your chin and outstretched to the front. Whilst straightening your body again, lower your arms back down again.

Repeat this exercise slowly and smoothly.



Squat / Front Lift

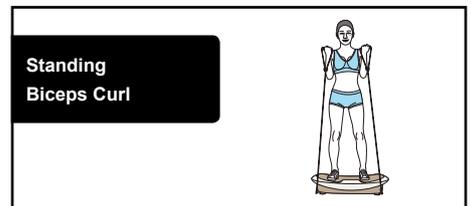
Standing Biceps Curl

Stand with both feet on the plate (you are free to choose the position of your feet and training speed).

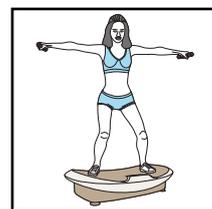
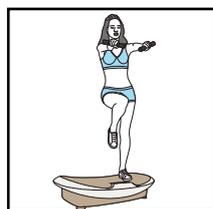
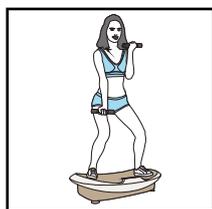
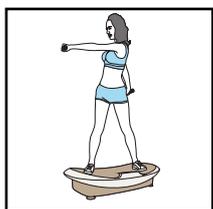
Take hold of the training belts and bend your arms to bring your hands up to your shoulders and keeping your upper arms flat against your body. Then bring the lower part of your arm back down so your arms are pointing down again.

As an alternative, you can supplement this exercise with a squat.

Repeat this exercise slowly and smoothly.



Standing
Biceps Curl



Alternatively, you can do these individual exercises without using the training belts but using weights such as dumbbells, filled water bottles etc for example (these accessories are not included in delivery).

Mains Connection

Power Cable

Only use the power cable included in delivery to operate your training device. First, attach the connector on the power cable to the connection at the back of the device. Only then connect the mains plug on the power cable to the electrical supply socket. If you want to remove the power cable from your device, first pull the mains plug out of the electrical socket before disconnecting the power cable from the device.

⚠ CAUTION

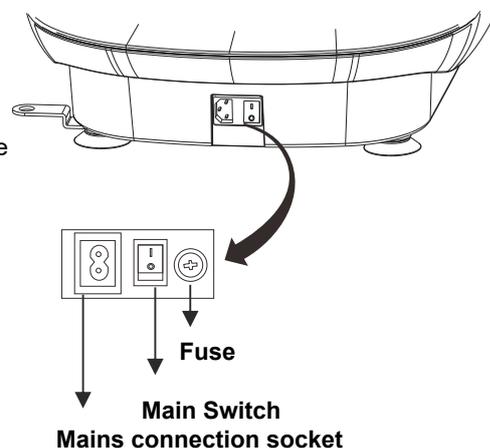
Only connect your training device to grounded electrical socket installed by qualified electrician. Do not plug this device into a power strip or cable reel. When using cable extensions, these should comply with the regulations and guidelines of the German VDE or equivalent and be labelled appropriately.

Mains Switch

After connecting the power cable correctly, you can switch your device on and off at the main switch. To switch on the device, press the switch into position "I". To switch off the device, press the switch into position "0".

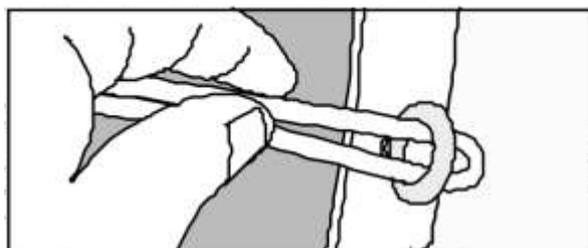
Fuse

The fuse is located between the on / off switch and the mains connection socket. This is a F 4A / 250V glass fuse. If renewal is necessary, remove the fuse cover using a suitable flat head or Phillips screwdriver and remove the fuse. When replacing the fuse, make sure that it is the correct type.

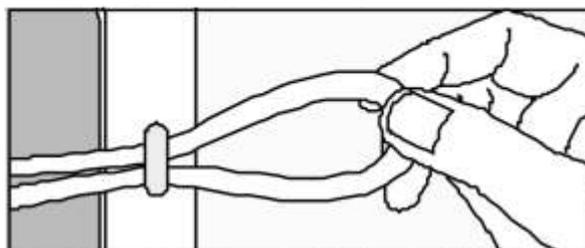


Attaching the Training Belts

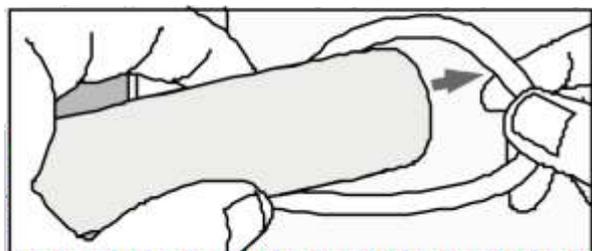
Please attach the training belts to the brackets as shown in the following diagrams:



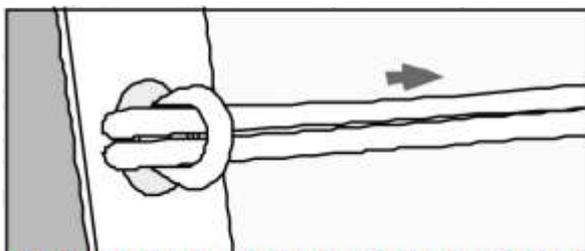
A



B



C



D

Recommended Accessories

This accessory is the optimum supplement to your training device. All products are available from our online shop at www.maxxus.de or direct from our showroom.



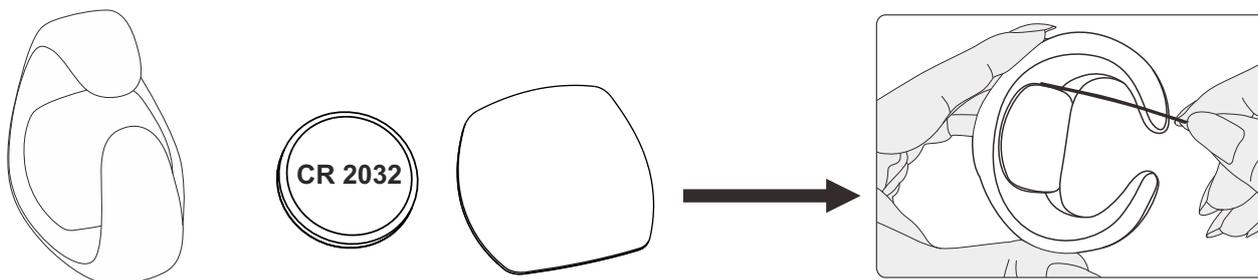
MAXXUS® Vibration Plate - Floor Protection Mat

Due to its extreme density and material thickness of 1.0cm, this mat optimally dampens the vibrations and noise of the vibration plate during training. In addition, it also provides perfect protection for floors and floor coverings against damaging, scratches and soiling through body sweat.

Dimensions: 100 x 100 cm

Changing the Batteries in the Remote Control

1. Remove the cover on the battery compartment at back of the remote control. To do this put your thumb on the ribbed and slightly indented markings on the top of the battery compartment cover and push this back whilst pushing gently down with your thumb.
2. Change the batteries. The remote control needs 2 type AAA Micro 1.5V batteries.
3. Replace the cover to the battery compartment.



Cleaning & Maintenance

⚠ CAUTION:

Before you perform any care, cleaning, maintenance, repair or similar work on your training device, it must be completely disconnected from the mains. This is only the case if the plug is removed from the electrical power supply socket and the mains cable is disconnected from the device. When doing this always remove the plug from the socket first and then disconnect the mains cable from the device. The mains cable may only be reconnected to the device and then plugged into the electrical socket when all work is fully completed, and the device is restored to perfectly functioning condition.

Cleaning

Clean your device after each training session using a damp cloth and soap. Never use solvents for this purpose. Regular cleaning contributes significantly to the preservation and life service of your training device. Damage caused by body perspiration or other liquids will not under any circumstances be covered by the warranty. During training make sure that no liquids get into contact with the device or get into the computer.

Maintenance

Checking the Fixing Materials

Make regular checks to ensure that fixing materials such as screws, nuts etc are tightened firmly. If not, tighten them wherever necessary.

Location and Storage

This training device was exclusively designed for use indoor dry and temperate areas. Use or storage in damp or wet areas, such as sauna, swimming pool, etc. and in outdoor areas, like balcony, terrace, garden, garage, etc. is not permitted.

In these locations the prevailing high humidity and low temperatures may lead to defects in the electronics, corrosion and rust. No warranty claims for damages of this kind will be accepted under the warranty. Please choose a dry, well-tempered and completely flat location for training and storage of this device. For training, locate the device in an area where the walls and furniture are at least 1 meter away from the device.

For your own safety and comfort, make sure that the training area is adequately ventilated during exercise, to allow for optimal oxygenation. Before using your training device after a long period of non-use, make sure that all fixings are secured tightly. If you have stored the product for a long time in a cold storage location or otherwise have stored it in a non-temperate place, leave the device for at least one hour at room temperature before switching it on again.

LCD Display

Display of:

Time
Training Level
Mode
Program

Technical Details

Training Level: 30 Levels
 Training Positions: gentle, medium, intensive
 Training Modes: Oscillation, 3D and Oscillation & 3D
 Time Range: Maximum 15 Minutes
 Time Adjustment: in 1-minute increments
 No. of Motors: 2
 Motor Type: DC Motors
 Performance: 200Watt (Oszillation) / 40W (3D)
 Training Surface: ca. 655x390mm
 Dimensions (BxWxH): approximately 750x460x140mm
 Total Weight: approximately 16.5kg
 Maximum User Weight: 100 kg
 Input Selection: via Keypad or Remote Control
 Power Supply: 220-230V - 50Hz
 Battery (Remote Control): Button cell battery Lithium 3V / 230mAh, CR2032
 Noise Level: ≤55dB

Area of Application: Home Use

Error Messages

Error Message	Error	Trouble Shooting
Er 01	The computer/controller connection is faulty	Switch the device on and off. If the error message appears again, please contact the Service Department at MAXXUS
Er 02	The remote control does not function	See instructions on page 11
Er 03	The vibration plate no longer responds to commands	Switch the device on and off. If the error message appears again, please contact the Service Department at MAXXUS.

Disposal

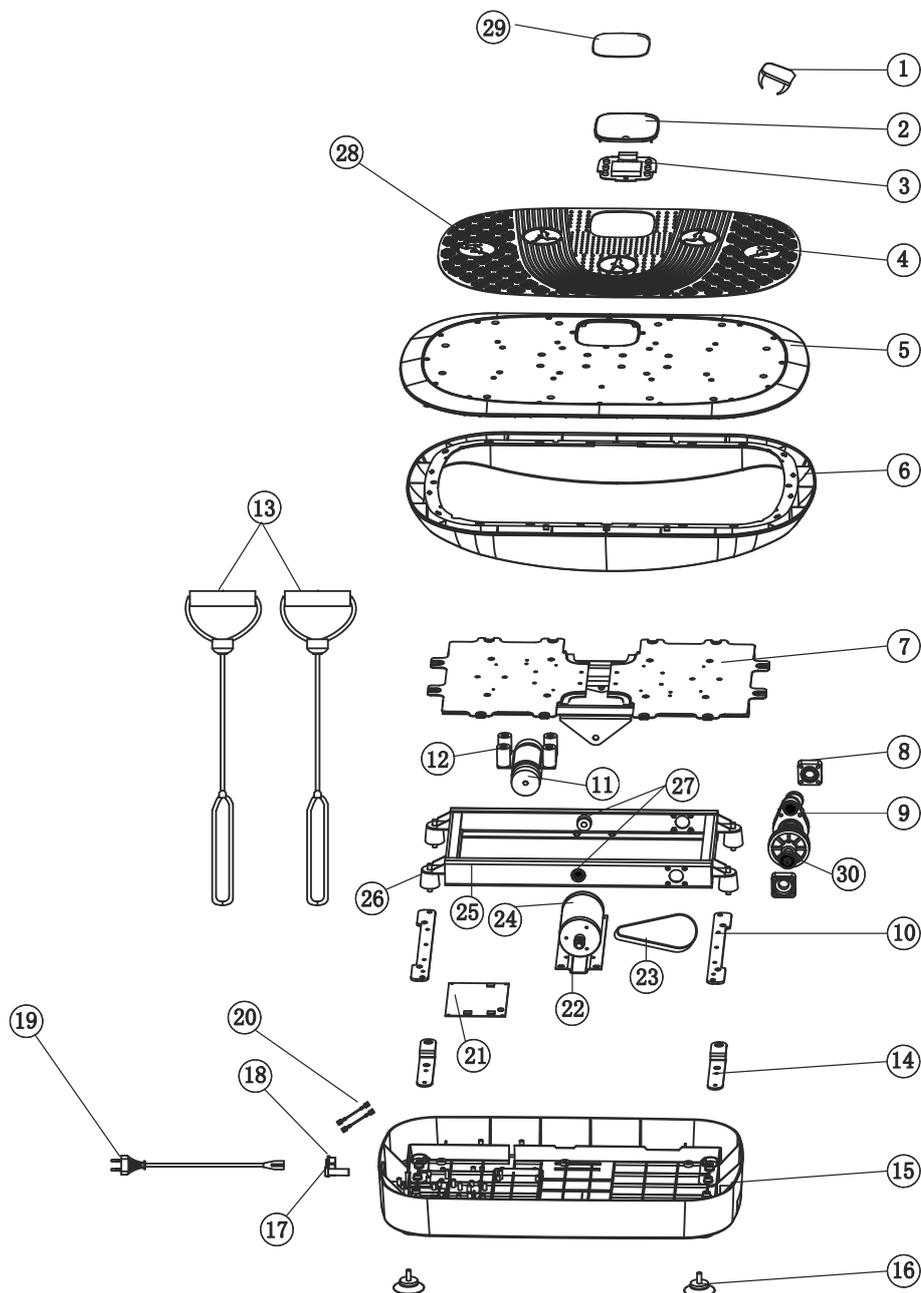


European Disposal Regulations 2002/96/EG

Do not dispose your training device in the normal household rubbish.
 Dispose the device at a communal waste disposal facility or at a registered waste disposal company.
 Observe current regulations which apply accordingly. If in doubt seek advice from your local government office or county council as to where you can dispose of the device properly and in an environmentally sound manner.

Batteries / Rechargeable Batteries

Batteries and rechargeable batteries should never be disposed of in the household rubbish.
 Please be aware that all batteries can contain toxic substances and all consumers are obliged by law to dispose these at an appropriate collection point either at your local government office, county council or retail outlet.
 If in doubt seek advice from your local government office or county council as to where you can dispose batteries properly and in an environmentally sound manner. Only dispose of batteries when they are empty.



ENG

Part	Description	Qty
1	Remote Controller	1
2	Console panel	1
3	Console board	1
4	Foot pedal cover	1
5	Upper cover	1
6	Middle cover	1
7	Main plate	1
8	Main axle bracket	2
9	Main axle set	1
10	Metal reinforcement	2
11	Vibration motor	1
12	insert rubber post	4
13	Rope	2
14	Pull hook	2
15	Bottom cover	1
16	Foot cushion	4
17	Fuse holder	1

Part	Description	Qty
18	Power socket + switch	1
19	Power cord	1
20A	Electrical wire A	2
20B	Electrical wire B	1
21	Lower controller board	1
22	bas plate for motor	1
23	belt	1
24	Oscillation motor	1
25	Main frame	1
26	Rubber cushion	4
27	Plastic support plug	2
28A	„Running“ plastic label	2
28B	„Jogging“ plastic label	2
28C	„Walking“ plastic label	2
29	Console overlay	1
30	Bearing 6201	2

Warranty *

For MAXXUS® Support Team to help you as quickly as possible with service, we will require certain information about your fitness device and about you. To find the exact spare parts required, we will need the product name, date of purchase and serial number. If necessary, please fill out completely the Repairs Contract/Damage Report form attached to this User Manual and send it to us by post or by fax.

Areas of Application & Warranty Periods

Depending on the model, fitness devices from MAXXUS® are suitable for use in different areas. Find the appropriate area of use for your fitness device from the "Technical Data" in this User Manual.

Home Use:

Exclusively for private use
Warranty Period: 2 Years

Semi-Professional Use:

Use under instruction in hotels, physiotherapy practices, etc.
Use in a fitness studio or similar establishment is hereby excluded!
Warranty Period: 1 Year

Professional Use:

Use in a fitness studio or similar establishment under supervision by trained personnel.
Warranty Period: 1 Year

Use of your training device in an area which is not suitable for your device will cause immediate expiry of its guarantee and cancel your right to claim warranty!

Sole private use and warranty period of 2 years assumes that the purchase invoice is made out to the end user.

Proof of Purchase and Serial Number

To claim your right to service works within the warranty period we will in each case require proof of purchase. Keep your proof or purchase or purchase invoice in a safe place and in warranty cases send us a copy together with your Repairs Contract/Damage Notification. This will ensure that we can process the service work as quickly as possible. So that we can identify which model version requires to be serviced correctly, we will require; Product Name, Serial Number and Date of Purchase.

Terms and Conditions of Warranty:

The warranty period for your training device starts on the date of purchase and applies solely to products which were purchased directly from the MAXXUS Group GmbH & Co KG or one of the MAXXUS Group GmbH & Co KG direct and authorised distribution partners.

The warranty covers defects caused by production or material faults and only apply to devices purchased in Germany. The warranty does not apply to damages or defects caused by culpable improper use, negligent or purposeful destruction, lack or failure to carry out maintenance and/or cleaning measures, force majeure, operational causes and to normal wear and tear, damages caused by penetration of liquids, damage caused by repairs or modifications made with spare parts from a different supplier. The warranty also does not apply for damages due to faulty assembly or damages which occur because of faulty assembly. Certain component parts will wear out during use or from normal wear and tear. This includes for example:

- Ball bearings
- Bearing bushings
- Bearings
- Drive belts
- Switches and push-buttons
- Treadmill belts (bands)
- Treadmill decks (running deck)
- Rollers

Signs of wear and tear on wearing parts are not items covered under the warranty.

For assistance with warranty service or warranty repair enquiries for devices not in Germany, please contact our Service Department at MAXXUS Group GmbH & Co KGM by sending an Email to: service@maxxus.de and we will be happy to help.

IMPORTANT: Please include the product name, your name and postal address, and a telephone number where we can contact you.

Service Outside the Warranty and Ordering Spare Parts

The MAXXUS® Service Team is happy to be of assistance to help solve any problems with faults which may arise following expiry of the warranty period, or in cases of defects arising which are not covered by the warranty.

In this case please contact us by email direct to:

service@maxxus.de

Orders for Spare Parts or Worn Parts should be sent along with information on the Product Name, spare part description and number and the quantity required to:

spareparts@maxxus.de

Please be informed that additional fixing materials such as screws, bolts, washers etc are not included in the scope of delivery for individual spare parts. These should be ordered separately.

*Version: June/2016

LIFEPLATE®



– Three different types of training for maximum training success –

Gentle Medium Intensive



– Three different training modes for maximum training success –

Oscillating 3D Oscillating & 3D

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